

**Reading:** I Timothy 3:1-13**Topic:** The Importance Of  
Proper Balance

**INTRODUCTION:** One of the important things that every worker and \_\_\_\_\_ must learn is to have a proper \_\_\_\_\_ in all aspects of our lives.

## I. PERSONAL SPIRITUAL LIFE:

### A. *Time For God:*

1. Modern day life is very \_\_\_\_\_, even with all of the new technology, devices, appliances, etc. that are supposed to \_\_\_\_\_ us time.
2. In all of our busyness, it is so vital that we take \_\_\_\_\_ to be alone with God on a daily basis, and get in His presence to cleanse ourselves from the ungodly \_\_\_\_\_ that we face each day. Mt. 14:23

### B. *The Basics:*

1. There is no substitute for the basic spiritual exercises that keep us spiritually \_\_\_\_\_:
  - a. Prayer – Jesus asked His disciples a simple question, “What, could you not watch with me for just one \_\_\_\_\_? Mt. 26:40,41
  - b. Word of God – The Word of God is so essential to our spiritual \_\_\_\_\_ and it does so many things for us in our \_\_\_\_\_ with God. Ps. 119:105 (lamp, light, sword, direction, etc.)
  - c. House of God – We are now part of a \_\_\_\_\_ and we need to stay close to the church for fellowship, strength, encouragement and spiritual \_\_\_\_\_ from the ministry of the Word. Heb. 10:25
  - d. Fasting – The discipline of the \_\_\_\_\_ is absolutely essential if we are to keep \_\_\_\_\_ over it in our walk with God. I Cor. 9:26,27

## II. FAMILY LIFE:

### A. *First Church:*

1. Before there was a church, there was a \_\_\_\_\_, and it was ordained by God for the benefit of mankind and the blessing of God was upon it. Gen. 1:27,28
2. Today, God still blesses the \_\_\_\_\_ when it is in proper order with Him, and it is designed to be the basic building \_\_\_\_\_ of society. Heb. 13:4, I Cor. 11:3

### B. *Basic Needs:*

1. A man is responsible to \_\_\_\_\_ for the needs of his family and that includes the \_\_\_\_\_ and emotional needs as well as the \_\_\_\_\_ needs. I Tim. 5:8
2. There is no substitute for \_\_\_\_\_ spent with family and it must be put on our schedules or else neglect of the \_\_\_\_\_ and the children may come back to haunt us one day. I Pt. 3:7, Col. 3:18-21
3. When family breakdown occurs, the whole of society \_\_\_\_\_ for it and in many cases today, it is the father who is \_\_\_\_\_ in the home as mothers are left to struggle and raise the children.

## III. CHURCH LIFE & MINISTRY:

### ***A. Saved To Serve:***

1. Once we have been \_\_\_\_\_ and begin to grow in the Lord, we understand that it is our responsibility to make a consecration to God and become \_\_\_\_\_ in the ministry of reaching the lost. Rom. 12:1,2
2. God has given to everyone different abilities and \_\_\_\_\_ that are to be used for His work and His glory, and one day we will be asked to give \_\_\_\_\_ for what we have done. Mt. 25:19-21

### ***B. Evangelism:***

1. The church exists in this world for one main \_\_\_\_\_ and that is to do the work of Jesus Christ who came to \_\_\_\_\_ and \_\_\_\_\_ the lost. Lk. 19:10
2. It is the will of God for all of His people to be involved in some manner to evangelize and \_\_\_\_\_ the lost and to help disciple them to \_\_\_\_\_ and be strong and in turn \_\_\_\_\_ others.

## **IV. RECREATION:**

### ***A. Needed:***

1. Even Jesus recognized the need for people to have a time of \_\_\_\_\_ and relaxation to get away from the stress and \_\_\_\_\_ of life. Mk. 6:31
2. It is necessary for the human \_\_\_\_\_ and \_\_\_\_\_ to have a time and a place for some form of recreation and \_\_\_\_\_ from our regular routine or we can break from the pressures.

### ***B. Making Right Choices:***

1. The kind of recreation that we should \_\_\_\_\_ to be involved in should be something that is beneficial to us for the goal of refreshing ourselves to be better \_\_\_\_\_ to do the work of God. I Cor. 10:31
2. The rule of recreation should be – Would I be comfortable if Jesus were here with me as I am \_\_\_\_\_ this?
  - the places I go – museums, sightseeing, nature, etc. are all fine for Christians. Movie theatres, clubs, discos, bars, taverns, professional sports events, public beaches, etc. – not good for the soul.
  - the things I do – fishing, hunting, golf, shopping, etc. are all OK. Surfing the internet on porno sights, watching unwholesome dvds, movies, television, etc. are harmful to the soul.
  - reading is relaxing for some people – again you must choose the materials pleasing to God.
  - hobbies and other wholesome activities are good as a diversion from the routine of work.
3. If possible, it is best to do recreation as a \_\_\_\_\_ together, which provides the children with some good memories for the future.

**CONCLUSION:** In order for us to be the most effective as workers and \_\_\_\_\_ in the Kingdom of God, we must \_\_\_\_\_ how to properly balance the various aspects of our lives to fulfill God's plan and glorify Him.